



Schweinfurt Dispatch

Serving the Military Community of Schweinfurt

July 12, 2007



Paintball offers chance to learn, de-stress

Story and photo by Kimberly Gearhart

Being the one left behind during a deployment is stressful. How you deal with that stress determines how well you deal with your spouse's absence.

The USAG Schweinfurt Army Community Services knows that finding creative, fun, and constructive ways to relieve stress can be difficult on your own, so they have stepped in with the "I can do it series" of classes. Family members can sign up and take classes in basic auto repair, bowling, and even paintball.

Tuesday, a few Family members took advantage of the break in the rain to head out to the Conn paintball field to try their hand with a paintball marker.

"We're going to teach them how to hold a marker, and fire, and to be safe while they have fun on the field," said Holger "Stoney" Steinmueller, a volunteer instructor on the field, whose day job as a USAG Schweinfurt firefighter occasionally leaves him a window of time to add to his 15 years of paintball experience.

"It's all about being safe, having fun, and just keep moving," said Keister Royster, recreation assistant, after outfitting participants with markers and masks.

Family members were walked through basic safety practices and then taught how

to hold the marker and maneuver around the field.

Jessica Romero, whose husband is deployed with 1st Battalion, 7th Field Artillery, and her son Adrian came out to give paintball a try for the first time.

"He likes to do things almost like dad does," Romero said, indicating that Adrian was interested in the somewhat military aspect of paintball.

Other participants were there for themselves, taking advantage of a chance to learn something new.

"It's so important to get out and experience new things. The Army is so good about creating these kinds of opportunities; it's exciting," said Jessica Haller, Family



Family members (from left) Jennifer Haller, Adrian and Jessica Romero look on while Holger Steinmueller demonstrates the proper way to hold and aim a paintball marker.

member with 1st Squadron, 91st Cavalry. Haller's son, Corbin, was too young to participate on the field but instead watched his mom from the sidelines.

Use of the paintball field is free every Thursday from 1 to 5 p.m., part of the garrison-wide effort to offer fun and stress-relieving activities for Families. Call 353-8080 or 09721-96-8080 for information.

Local students awarded scholarships in Ramstein

By Sgt. 1st Class Steven D. Carter

RAMSTEIN- The House of Alpha opened its doors to graduating seniors as a portal to higher learning. The graduate chapter Theta Theta Lambda (TTL) Chapter of Alpha Phi Alpha Fraternity, Inc. hosted its 44th annual Black and Gold Scholarship Banquet on May 19 at the Ramstein Officers Club at 6 p.m. in Ramstein, Germany.

The ballroom was adorned majestically with black and gold balloons and upbeat jazzy music introducing the evening's activities.

The fraternity provided \$13,000 in scholarships through corporate sponsorships and charitable donations to 12 graduating seniors and one continuing education scholarship for a student that has maintained an impressive 3.9 grade point average as a freshman

in college previously earning a scholarship from the fraternity.

The 2007 scholarship recipients were chosen from a field of over 55 applicants. The awardees were selected based on their grades, selfless acts of community service, and overall future aspirations. This year's Wuerzburg area awardees were: Acacia Allen and Brittanie Langford.

In closing remarks, chapter president Samuel C. Gregory alluded to a new program called the TTL \$1,000 Club, which will provide scholarships named after each \$1,000 donor and is open to the general public.

Guest speaker Shelia Smith quoted Maya Angelou, challenging the scholarship recipients to "Rise, Rise, Rise." She accented the ball with a riveting address challenging the recipients to be leaders.



News Briefs

YRR temporary closure



Effective July 16, the Community Yellow Ribbon Room (YRR), Bldg. 230 on Ledward Barracks will be closed for construction. The facility will re-open as soon as construction is finished, in approximately six weeks. Patrons who utilize the YRR for internet access may instead use the USO, library, MOS library in the Education Center, or Finney Recreation Center on Conn Barracks for computing needs during this time.

Leighton Family Fun Fair

Come out to the Leighton Family Fun Fair and Flea Market July 14 from 11 a.m. to 6 p.m. in the parking lot in front of the theater. Enjoy food and drinks, bouncy fun for the kids, and peruse the flea market tables for summer and PCS bargains.

Dry cleaners closing

The dry cleaners on Leighton Barracks is closing. Laundry will be accepted through July 20, and the final closure date will be August 3.

Memorial Ceremony

The memorial ceremony for Sgt 1st Class Raymond Buchan, of B Company, 1-18 IN, and Staff Sgt. Michael Ruoff, of Headquarters and Headquarters Company, 1-77 AR, will be held on Thursday, July 19, at 10 a.m. in the Ledward Chapel.

The uniform for military attendees is duty (ACUs), and for civilian attendees it is business casual. Immediately after the ceremony, an open reception will be held in the Ledward Chapel fellowship room.

Limited childcare will be available at the Chapel, with priority given to Family members of the affected units. SAS hourly care will be available with 24 hour notice, not exceed 3 hours, and begins 60 minutes prior to the ceremony. Be sure to inform SAS that care is for the memorial, so that you are not charged the hourly rate.

Finance office reduced staffing

Delta Detachment, 106th Financial Management Company will be at minimal staff on July 16 due to 16th SB Activation Ceremony. The Customer Service, In and Out Processing, and Separation Sections will be operational with reduced staffing. For emergencies call 354-1730/6367.

USO trip to Karlovy

Join the USO July 21 for a trip to Karlovy Vary, one of the Czech crystal capitals. After a sightseeing tour of the town, there will be plenty of time for shopping. Departure is from the Volksfestplatz at 6 a.m., returning at 7 p.m. Cost is \$45 per seat, and German identification or U.S. passport is required for border crossing. Sign up by July 16. Call 354-6711 or 09721-96-6711 for more information.

Stay lovers during deployment

The Ledward Army Community Service Center will offer a "Staying Lovers Through Deployment" seminar July 17 from 9 to 11:30 a.m. The stress of being separated from loved ones is compounded by the isolation married couples feel when they are physically apart. Learn how to stay emotionally connected through your physical separation with help from ACS. Call 354-6933 or 09721-96-6933 to register.

Teen leadership seminar

The Ledward ACS is calling all teens to come learn what it means to be a leader in a fun way July 18 from 10 a.m. to 3 p.m. Leadership and communication skills will be discussed and then put into practice. An afternoon bowling tournament will test new-found skills. Lunch will be provided. Call 354-6933 for more information.

Schweinfurt Dispatch



Commander Lt. Col. Anthony Haager
Command Sgt Maj. CSM Keith McMullen
Public Affairs Officer George Ohl
Command Information Officer Mark Heeter
Writer/Editors Kimberly Gearhart
 Elvira Gladwell
 Sandra Wilson
 Roger Teel

The Schweinfurt Dispatch weekly newsletter is an unofficial publication of the U.S. Army Garrison Schweinfurt, IMCOM-Europe and the U.S. Army authorized under the provisions of AR 360-1.

The newsletter is published and distributed weekly in an electronic format. The newsletter can be viewed on the U.S. Army Schweinfurt website at <http://www.schweinfurt.army.mil>.

This newsletter is a command information product that places emphasis on events and activities occurring throughout the Schweinfurt and Lower Franconia areas.

Information and photos included in this

newsletter are acquired from sources that highlight events, programs and activities in Schweinfurt and Lower Franconia.

Dates, times, locations, and the events themselves might change or be cancelled without prior notice.

To be added to the Schweinfurt Dispatch distribution list, please email: mail.sft.pao@eur.army.mil.

This address can also be used to submit community slides or information on upcoming events, or you can reach the USAG Schweinfurt public affairs office by calling 354-1600/6381 or (09721) 961600/966381.



- 14 JULY** --Music on the Patio, Leighton CAC. BBQ, bounce activities, live music. Call 350-6305.
--Family Fun Fair and flea market 11 a.m. to 6 p.m., Leighton Barracks. Call 354-6715.
- 16 JULY** --Resume Writing class for separating service members and Families 1 to 3 p.m. Call 354-6019.
- 17 JULY** --Smooth Move Seminar, Leighton ACS, 9-11 a.m., call 350-7103 to sign up.
--Three 'C' problem solving class, Leighton ACS, 12:30 to 4 p.m., call 350-7103 to sign up.
- 18 JULY** --ACS Progressive Perspectives: Take a Break from Anxiety 1 to 3 p.m. Limited childcare available free of charge, call one week in advance 354-6933.
--Smooth Move Seminar, Ledward ACS, 9-11 a.m., call 354-6933 to sign up.
--Effective Leadership for Teens, Ledward ACS & Kessler Center, 10 a.m. to 3 p.m., 354-6933.
- 20 JULY** --Parents' Night Out respite care 6:30 to 11 p.m. Sign-ups begin July 9.
- 20-22 JULY** --Teen Center special event Paris Trip, departs 10:30 p.m. Returns 7 a.m. \$30. Call 354-6732.
- 21 JULY** --MWR Street Party on Askren Manor, noon to 8 p.m. Live Latin Music starting at 6 p.m.
--USO shopping express trip to Czech. Sign up by July 16. Cost is \$45. Call 354-6711.
--Family Friendly Trip to Warner Bros. Movie World, free transportation. Call 350-6305.
--Transition conference in Wuerzburg, directed at Junior Officers planning to separate in the next year. 1-4 p.m. in the Hotel am Congress Centrum. Call 0800-852-2670.
- 24 JULY** --Checkbook Management class, Ledward 9 to 11 a.m. Call 354-6933.
--ADHD support group, Ledward ACS, 10 a.m. to noon. Call 354-6933.
- 25 JULY** --ACS Progressive Perspectives: Never a Dull Moment 1 to 3 p.m. Limited childcare available free of charge, call one week in advance 354-6933.
--VA Benefits Briefing, Ledward Theater 8 a.m. to noon. Call 354-6019.
--Kitchen Passport Series: German Cooking class, Ledward 11 a.m. to 1:30 p.m. Call 354-6933.
--Sponsorship Training, Ledward ACS, from 9 to 11 a.m. Call 354-6933 to sign up.
- 28 JULY** --Family Friendly Trip to Luxembourg, free transportation. Call 350-6305.
- 30 JULY** --CAV call-in show with AFN at 7 a.m. Tune to AFN radio 1143 AM.
- 31 JULY** --Middle School Zone summer camp trip to Pullman City, 2 days, call 354-6308.
--Habits of Successful Investors class, Ledward 9 to 10 a.m. Call 354-6933.
- 1 AUG** --ACS Progressive Perspectives: Experiencing Fruitful Relationships 1 to 3 p.m. Limited childcare available free of charge, call one week in advance 354-6933.
- 9-12 AUG** --Bike and Music weekend at Geiselwind, concerts and motor shows. Call 09556-18-18-1.
- 13-17 AUG** --Vacation Bible School, Ledward Chapel, Ledward Barracks, Schweinfurt, 9:30 a.m. to 2 p.m. Pre-register by calling 09727-909-516.
- 27 AUG** --First day of school for Schweinfurt Elementary and Middle Schools and Wuerzburg Elementary and High School Freshmen (28 AUG, grades 10-12).



Deployment reunites brother, sister

**Story and photo
by Pfc. Nathaniel Smith
4th IBCT Public Affairs**

BAGHDAD – When Spc. James Myers was returning from a mission one day, he knew he'd see all the familiar faces of his battle buddies from the Headquarters and Headquarters Company of the 1st Battalion, 18th Infantry Regiment, but he saw one that he didn't expect: his older sister's.

Myers, a mortarman with HHC, 1-18 Inf., and Spc. Anna Myers, a joint network node operator with Company C, 4-1 Brigade Special Troops Battalion, both from Albia, Iowa, are a brother and sister tandem deployed to Forward Operating Base (FOB) Falcon in southern Baghdad.

James, who deployed in October 2006, said he was surprised to find his sister waiting outside his room.

"No one really found out until...she got here," he said. "It was more of a surprise."

Anna, who deployed in early 2007, said

deploying was made easier knowing her brother was at the same base she was operating out of.

"Knowing someone close to me was here," she said, "I was excited."

James, who operates out of Coalition Outpost Norris, said having his sister at Falcon while he's at a COP made him worry since he wouldn't be able to be there for her.

"I was more worried than anything else," he said. "I couldn't ever really come around to check on her to make sure she's alright. If something happened I wouldn't be there."

When the Myers' parents found out their children were at the same FOB, they were relieved that they would have each other.

"I think they're happy that she got sent



Spc. James Myers and Spc. Anna Myers have different duty stations, Schweinfurt, Germany, and Fort Riley, Kan., respectively, but were reunited in Baghdad when Anna deployed with the 4th IBCT in early 2007. (U.S. Army photo by Capt. Kollin L. Taylor, 4-1 BSTB)

to Falcon because it might not be as tough on her having someone she can go see," James said. "They told me to make sure I look out for her."

Club Beyond Beach Break invades Camp Darby

By Sandra Wilson

Club Beyond held a week long camp for 328 middle-schoolers and 388 high-schoolers at Camp Darby, Italy



Club Beyond members and chaperones enjoyed a day in the water. (Photo by Wade Conrad)

for this summer's Beach Break in June.

A total of 43 students from the Schweinfurt and Wuerzburg communities joined in the fun and activities all focused on learning about Jesus Christ.

"We take a lot of students that might not think about faith ordinarily and present [the gospel] in a really fun and non-threatening way," said Ellie Bailey, community director of Schweinfurt Club Beyond.

The high school and middle school students were assigned separate five-day camps but all experienced the same program.

Each day consisted of outings to places like the cities of Lucca and Pisa where students participated in a photo scavenger hunt. The hunt encouraged the students to interact with the culture instead of watching it

from the sidelines, said Chad Ramskugler, a volunteer leader in Club Beyond.

Another day trip brought the groups to Cinque Terra where beautiful hikes gave opportunity for more bonding time.

"The atmosphere at Cinque Terra was amazing. When we got there, we knew we were really in Italy," said Katie Richardson, two-time participant in the high school camp.

Visiting a waterpark was also included on the schedule of daytime activities.

At night, Camp Darby served as a home-away-from-home where students and leaders slept in tents, ate, played games, and attended evening programs.

After dinner, the small groups and their leaders gathered for Tent Talk to discuss faith

issues.

"There's a hole in our lives that we can never fix without God," said Haile Baker, who attended her first Beach Break this summer.

"These kids were getting real deep in their questions—[topics] that some adults don't even want to go into," said Ramskugler.

"I really came out of my shell with God and ... became more committed," said Austin Eubanks, 7th grader at Schweinfurt Middle School.

Not only is Beach Break a fun and spiritually uplifting time, the camp also creates a springboard for deeper relationships for next year, said Bailey, as the students begin or continue to attend Club Beyond meetings throughout the upcoming school year.



July 4th feted with stars, stripes, and ice cream



Above, a group of partygoers digs into some American ice cream, traditionally popular among both German and American patrons, during the USAG Schweinfurt Fourth of July celebration at Kessler Field. Rainy weather for much of the day did not keep away the crowds, who stayed on board until the fireworks show after nightfall, left. (Photos by Mark Heeter)

Fun comes on the run to Schweinfurt

By Kimberly Gearhart

Sometimes, getting the word

out about sports clinics and then getting the people in to participate can be a challenge.



The Youth Sports 'Fun on the Run' program brings the fun, be it football, soccer, or jump ropes, to the kids on the street. (Photo courtesy Youth Sports)

Daniel Jones, from Schweinfurt Youth Sports, has a solution.

"If you can't bring the kids into the camp, you take the camp out to the kids."

In an effort to reach more of the youth community, Jones and other Youth Sports employees have implemented a Fun on the Run program. Vans loaded with sports gear and games will drive through the housing areas, in search of groups of kids playing.

"Then we'll break out the toys, and play," Jones said.

Jones feels the new program is a "necessity."

Youth sports programs can suffer from lack of participation, sometimes just because there just isn't enough time in the

day to get to summer camp and soccer camp, the grocery store and doctor's appointments.

"But this only takes an hour a day," Jones said.

Youth sports employees will be in the housing areas afternoons or evenings when the weather is nice.

Participating adults will be Youth Sports employees, who will have passed background checks and have identification cards as well.

"You don't want kids playing with anyone that pulls up in a van, so we want everyone to know who we are," Jones said.

The program is in a trial phase, but if all goes well, look for Fun on the Run to continue next year as well.